

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

HARMONY SQUARE



7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Seated Zumba
 11:00 Old Fort Church Service
 1:30 Shake Lose A memory
 2:30 Balloon Swat
 3:30 Music and Tea
 6:30 Super Bowl Fun

7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Sit N Fit
 11:00 Word Games
 2:00 Short Stories
 3:00 Bingo
 4:00 Ring Toss
 6:30 Indoor Bowling

Frozen Yogurt Day
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Scenic Drive
 1:30 FroYo Treats
 2:30 Afternoon Tea
 4:00 Puzzle Fun
 6:30 Evening Movie

Send a Card Day
 7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Seated Stretches
 11:00 Zen Tangles
 1:30 Hand Massages
 2:30 Cornhole
 3:30 Writing Letters
 6:30 Card Bingo

7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Trim N Tone
 11:00 Calm Coloring
 1:30 Sensory Fun: Clay
 2:30 Echos Art: Painting
 Loving Memories
 3:30 Making Jewelry
 6:30 Word Games

Natl Pizza Day
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Morning Exercise
 11:00 Flower Arranging
2:00 Valentine's Day Cards Craft
 3:30 Personal Pizzas
 4:00 Meal Prep to Tunes
 6:30 Matching/Sorting
Groundhog Day

Natl Carrot Cake Day
 7:30 Rise & Shine Routines
 10:00 Pet Visits
 11:00 Flower Arranging
 1:30 Ball Toss
 2:30 Carrot Cake
 3:30 Mind Joggers
 4:30 Meal Prep to Tunes
 6:30 TV Time

7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Seated Zumba
 11:00 Old Fort Church Service
2:00 Valentines Social W/ Oak Forest Neighborhood
 3:30 Penny Ante
 4:00 Meal Prep
 6:30 Evening Coloring

Lincoln's Birthday
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Sit N Fit
 11:00 Presidents Trivia
 2:00 Mardi Gras Craft
 3:00 Bingo
 4:00 Ring Toss
 6:30 Indoor Bowling

7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Scenic Drive
 1:30 Mardi Gras Decor
3:00 Mardi Gras Social
 4:00 Puzzle Fun
 6:30 Evening Movie
Mardi Gras

7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Seated Stretches
 11:00 Zen Tangles
 1:30 Getting Glam
2:30 Valentines Social
 4:00 Tunes and Dinner Prep
 6:30 Card Bingo
Card Bingo Day

7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Trim N Tone
 11:00 Interactive Stories
 1:30 Sensory Fun: Oils
 2:30 Rhythm Band
 3:30 Writing Letters
5:00 Family Dinner: 1930s!

7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Morning Exercise
 11:00 Indoor Bowling
 2:00 Mind Joggers
 3:00 Armchair Travels
 4:00 Meal Prep to Tunes
 6:30 Matching/Sorting
Chinese New Year

7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Pet Visits
 11:00 Arranging Flowers
2:00 Mark Mason Performance!
 3:30 Ball Toss
 4:30 Meal Prep
 6:30 TV Time

7:30 Hot Waffles
 9:00 One on One Visits
 10:00 Seated Zumba
 11:00 Old Fort Church Service
 1:30 Follow the Smell
 2:30 Balloon Swat
 3:30 Music and Tea
 6:30 Evening Coloring

Chocolate Mint Day
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Sit N Fit
 11:00 Word Games
 2:00 Shades of Chocolate Mint
 3:00 Bingo
 4:00 Ring Toss
 6:30 Indoor Bowling
Presidents' Day (US)

Cherry Pie Day
 7:30 Rise & Shine Routines
 9:30 Trip to Dollar Tree
 1:30 Baking Pies
 2:30 Afternoon Tea & Pie
 4:00 Puzzle Fun
 6:30 Evening Movie

7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Seated Stretches
 11:00 Zen Tangles
 1:30 Hand Massages
 2:30 Dominoes
 4:00 Tunes and Dinner Prep
 6:30 Card Bingo

7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Trim N Tone
 11:00 Calm Coloring
 1:30 Sensory Fun: Beads
 2:30 Magic Painting
 3:30 Writing Letters
 6:30 Word Games

7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Morning Exercise
 11:00 Arranging Flowers
 2:00 Mind Joggers
 3:00 Armchair Travels
 4:00 Meal Prep to Tunes
 6:30 Matching/Sorting

Tortilla Chip Day
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Pet Visits
11:00 Music Therapy 2:00 Nacho Break!
 3:30 Ball Toss
 4:30 Meal Prep
 6:30 TV Time

Wintertime Memories Day
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Seated Zumba
 11:00 Old Fort Church Service
 1:30 Name 5
 2:30 Balloon Swat
 3:30 Music and Tea
 6:30 Evening Coloring

Fairy Tale Day
 7:30 Rise & Shine Routines
 9:00 One on One Visits
 10:00 Sit N Fit
 11:00 Baking Cookies
 2:00 Fairy Tales & Cookies
 3:00 Bingo
 4:00 Ring Toss
 6:30 Indoor Bowling

7:30 Rise & Shine Routines
 9:00 One on One Visits
10:00 Scenic Drive
 1:30 Hand Massages
 2:00 January Birthday Bash
 3:00 Afternoon Tea
 4:00 Puzzle Fun
 6:30 Evening Movie

Floral Design Day
 7:30 Rise&Shine Routines
 9:00 One on One Visits
 10:00 Seated Stretches
 11:00 Zen Tangles
 1:30 Hand Massages
 2:30 Flower Craft
 4:00 Tunes and Dinner Prep
 6:30 Card Bingo

INFORMAL ACTIVITIES PROVIDED THROUGHOUT THE DAY, IN ADDITION TO THOSE ON THE CALENDAR. ACTIVITIES ARE SUBJECT TO CHANGE.