

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Coffee w/ Neighbors (B) 11:00 Old Fort Church Service (D) 2:00 Movie Matinee (T) 6:30 Resident Led Games (G) Canada Day	10:00 Sit N Fit (C) 11:00 Putting Practice 1:30 Hand & Foot (G) 2:00 New Release Film (T) 4:00 Happy Hour (P) 6:30 Documentary Film Night (T)	10:00 Trim N Tone (C) 11:00 Name 10 (B) 1:00 Shopping Trip: Belk 2:30 Community Sundaes! 4:00 Brain Teasers (B) 6:30 Mexican Train Dominos (G)	10:00 Sit N Fit (C) 11:00 Word Games (B) 2:00 Bible Study w/ Bob (D) 3:00 Stitch It (BL) 4:00 Happy Hour & Cook Out (P) 6:30 Evening Film (T)	Graham Cracker Day 10:00 Strength Training (C) 11:00 Sing A Long w/ Harmony Square 1:30 Games & Puzzles (G) 2:30 Movie Matinee (T) 6:30 Evening Film (T)	10:00 Chair Chi (C) 11:00 Flower Arranging (C) 2:00 Scenic Drive & Sonic Stop (O\$) 4:00 Happy Hour (P) 6:30 New Release Film (T)	10:00 Pet Visits 11:00 Wii Sports (C) 1:30 Grace & Frankie (T) 3:00 Music by Mark Mason (P) 6:30 Comedy Film (T)
10:00 Coffee w/ Neighbors (B) 11:00 Old Fort Church Service (D) 2:00 Movie Matinee (T) 6:30 Resident Led Games (G)	10:00 Sit N Fit (C) 11:00 Putting Practice 1:30 Hand & Foot (G) 2:00 Afternoon Ride (O) 4:00 Happy Hour (P) 6:30 Documentary Film Night (T)	10:00 Trim N Tone (C) 11:00 Charades (B) 1:00 Shopping Trip Wal Mart 2:30 Community Sundaes! 4:00 Brain Teasers (B) 6:30 Mexican Train Dominos (G)	Blueberry Muffin Day 10:00 Fit w/ Fox (C) 11:00 Baking Muffins (C) 2:00 Bible Study w/ Bob (D) 3:00 Boxing Demo (C) 3:00 Stitch It (BL) 4:00 Happy Hour (P) 6:30 Evening Film (T)	Pecan Pie Day 10:00 Strength Training (C) 11:00 Senior Seminar! (D) 1:30 Manicures (D) 2:30 Bingo!(C) 4:00 Giant Crossword (B) 6:30 Trivia w/ Glenn (P)	10:00 Chair Chi (C) 11:00 Flower Arranging (C) 11:00 Lunch at Baker's Garden BBQ Kitchen (\$) 2:00 Afternoon Games (G) 4:00 Happy Hour (P) 6:30 New Release Film (T)	10:00 Pet Visits 11:00 Wii Sports (C) 2:00 Grace & Frankie (T) 6:30 Comedy Film (T)
10:00 Coffee w/ Neighbors (B) 11:00 Old Fort Church Service (D) 2:00 Movie Matinee (T) 6:30 Resident Led Games (G)	10:00 Sit N Fit (C) 11:00 Putting Practice 1:30 Hand & Foot (G) 2:00 Afternoon Ride (O) 4:00 Happy Hour (P) 6:30 Documentary Film Night (T)	Pie in Face Day 10:00 Trim N Tone (C) 11:00 Crafting: Décor Pillow (C) 1:00 Shopping Trip: Harris Teeter 2:30 Pie Social (P) 4:00 Brain Teasers 6:30 Mexican Train Dominos (G)	10:00 Fit w/ Fox (C) 11:00 Word Games (B) 2:00 Bible Study w/ Bob 2-3:15 Bookmobile 4:00 Happy Hour (P) 6:30 Evening Film (T)	Iconic Photos 10:00 Strength Training (C) 11:00 TOWN HALL MTG(D) 1:30 Bible Stories (C) 1:30 Manicures (D) 2:30 Bingo! (C) 3:00 Recreating Photos 6:30 Evening Film (T)	Intl Cake Day 10:00 Chair Chi (C) 11:00 Flower Arranging (C) 11:00 Lunch & Historic House Tour Downtown (\$12) 3:00 Cake Tasting (B) 4:00 Happy Hour (P) 6:30 New Release Film (T)	10:00 Pet Visits 11:00 Wii Sports (C) 2:00 Grace & Frankie (T) 3:00 Music w/ Rimero(P) 6:30 Comedy Film (T)
10:00 Coffee w/ Neighbors (B) 11:00 Old Fort Church Service (D) 2:00 Movie Matinee (T) 6:30 Resident Led Games (G)	Gorgeous Grandma Day 10:00 Sit N Fit (C) 11:00 Food Meeting (D) 1:30 Hand & Foot (G) 2:00 CAWP Gorgeous Grandmas! (B) 4:00 New Resident Wine & Cheese Happy Hour(P) 6:30 Documentary Film	Old Joke Day 10:00 Trim N Tone (C) 11:00 Crafting: Nautical Shopping Bags (C) 1:00 Shopping Trip: Wal Mart 2:30 Resident Spotlight Social (P) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominos (G)	10:00 Fit w/ Fox (C) 11:00 80's Documentary (T) 2:00 Bible Study w/ Bob (D) 3:00 Stitch It (BL) 4:00 Happy Hour (P) 6:30 Evening Film (T)	10:00 Strength Training (C) 11:00 Manicures (D) 1:30 Game Room Fun 2:30 Bingo! (C) 5:00 Dining Through the Decades: 1980s!	Hula Hoop Day 10:00 Chair Chi (C) 11:00 Flower Arranging (C) 2:00 Movie Outing: Mama Mia 2! (7\$) 2:00 Dramatic Readings (B) 4:00 Hula Hoop Happy Hour (P) 6:30 New Release Film (T)	10:00 Pet Visits 11:00 Wii Sports (C) 2:00 Grace & Frankie (T) 6:30 Comedy Film (T)
10:00 Seated Zumba (C) 11:00 Old Fort Church Service (D) 2:00 Movie Matinee (T) 6:30 Resident Led Games (G)	Cheesecake Day 10:00 Sit N Fit (C) 11:00 Putting Practice 1:30 Hand & Foot (G) 2:00 Afternoon Ride (O) 4:00 Happy Hour (P) 6:30 Documentary Film Night (T)	World Ranger Day 10:00 Trim N Tone (C) 11:00 Crafting: Tea Towels (C) 1:00 Game Room Fun 2:30 Birthday Bash (P) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominos (G)	See daily activity sheets for most up to date schedule			



July 2018 ASSISTED LIVING

Location Key: P:Pub L: Main Lobby B: Bistro BL: Brittlebank Library O\$: Outing; Requires \$ G: Game Room D: Dorchester Act. Rm C: Cainhoy Act. Rm T: Theater 2nd flr