

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: P:Pub L: Main Lobby B: Bistro BL: Brittlebank Library O\$: Outing; Requires \$ G: Game Room D: Dorchester C: Cainhoy Act. Rm T: Theater 2nd flr	10:00 Strength 1 Conditioning (C) 11:00 You Be the Judge Discussion Group (B) 2:00 <i>The Marvelous Mrs. Maisel</i> (T) 4:00 Happy Hour (P) 6:30 Documentary Night (T)	10:00 Sit N Fit (C) 2 10:00 Wal Mart Shopping 10:30 Hymns & Prayers (HS) 1:00 AL Activity Planning Meeting (D) 2:00 VTones Performance!(P) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominoes (G) Simchat Torah	10:00 Fit w/ Fox (C) 3 11:00 TV Trivia (B) 1:30 Fabric Pumpkins (C) 2:00 Bible Study w/ Bob (D) 4:00 Happy Hour (P) 6:30 The Crown (T)	10:00 Trim N Tone (C) 4 10:00 DMV Trip 11:00 Sing A Long w/ Harmony Square (HS) 1:30 Manicures (D) 4:00 Group Crossword (B) 5:00 The Crossings Casino Night 6:30 Evening Film (T)	10:00 Sit N Fit (C) 5 11:00 Olive Garden Lunch Outing (O\$) 1:30 Teacher Appreciation Care Packages (C) 2:30 The Crossings Choir First Meeting (P) 4:00 Happy Hour (P) 6:30 Evening Film (T)	10:00 Pet Visits 6 10:00 Voting Information/Registration (D) 11:00 Wii Sports (C) 1:30 Grace & Frankie (T) 1:30 Bingo! (C) 4:00 Cornhole (L) 6:30 Evening Movie (T)
10:00 Zumba Gold (C) 7 11:00 Old Fort Church Service (D) 2:00 Indiana Jones Movie Matinee/ Popcorn (T) <i>Raiders of the Lost Ark</i> 6:30 Resident Led Games/Puzzles (G)	10:00 Strength 8 Conditioning (C) 11:00 Crafting (C) 1:30 Afternoon Ride (O) 2:00 <i>The Marvelous Mrs. Maisel</i> (T) 4:00 Happy Hour (P) 6:30 The Good Old Days w/ Craig (P) <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10:00 Sit N Fit (C) 9 11:00 Tunes Tuesday! (P) 1:00 Dollar Tree/Harris Teeter Shopping 2:30 Pumpkin Carving/Painting (C) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominoes (G)	10:00 Fit w/ Fox (C) 10 11:00 Music-Guided Relaxation (C) 1:30 Gorgeous Gourd Wordsearch (B) 2:00 Bible Study w/ Bob (D) 2:15 Bookmobile 3:00 Aquariums (C) 4:00 Happy Hour (P) 6:30 The Crown (T)	10:00 Trim N Tone (C) 11 11:00 Musical Madlibs (P) 1:30 Manicures (D) 2:00 Roosevelt Readings (C) 4:00 Group Crossword (B) 6:30 Evening Film (T)	10:00 Sit N Fit (C) 12 11:00 Biscuits and Applebutter (B) 11:30 Lunch at Gilligans (\$) 1:00 Fun Friday Videos (B) 2:30 The Crossings Choir Practice (P) 4:00 Happy Hour (P) 6:30 Evening Film (T)	10:00 Pet Visits 13 11:00 Wii Sports (C) 1:30 Grace & Frankie (T) 1:30 Bingo! (C) 4:00 Cornhole (L) 6:30 Evening Movie (T)
10:00 Zumba Gold (C) 14 11:00 Old Fort Church Service (D) 2:00 Indiana Jones Movie Matinee/ Popcorn (T) <i>Temple of Doom</i> 6:30 Resident Led Games/Puzzles (G)	10:00 Strength 15 Conditioning (C) 11:00 Ted Talks & Discussion (T) 2:00 <i>The Marvelous Mrs. Maisel</i> (T) 4:00 Happy Hour (P) 6:30 Documentary Film (T)	Back 2 Health Screenings! 10:00 Wal Mart Shopping 10:30 Hymns & Prayers (HS) 1:30 Putting Practice 2:30 Pumpkin Galore Social (B) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominoes (G)	10:00 Fit w/ Fox (C) 17 11:00 Town Hall (D) 1:30 Art & Expression (C) 2:00 Bible Study w. Bob (D) 3:00 Resident Conducted Discussion Group (B) 4:00 Happy Hour (P) 6:30 The Crown (T)	10:00 Trim N Tone (C) 18 10:00 Beidler Forest Outing and Picnic (\$) 11:00 Sing A Long w/ Harmony Square (HS) 1:30 Bible Stories (C) 1:30 Manicures (D) 4:00 Group Crossword (B) 6:30 Evening Film (T)	10:00 Sit N Fit (C) 19 11:00 Doughnuts & Coffee (P) 1:00 Game Time! (G) 2:30 The Crossings Choir Practice (P) 4:00 Happy Hour (P) 6:30 Evening Film (T)	10:00 Pet Visits 20 11:00 Wii Sports (C) 1:30 Grace & Frankie (T) 1:30 Bingo! (C) 2:00 Paparazzi Jewelry Show (P) 3:30 Music by Mark Mason (P) 4:00 Cornhole (L) 6:30 Evening Movie (T)
10:00 Zumba Gold (C) 21 11:00 Old Fort Church Service (D) 2:00 Indiana Jones Movie Matinee/ Popcorn (T) <i>The Last Crusade</i> 6:30 Resident Led Games/Puzzles (G)	10:00 Strength 22 Conditioning (C) 11:00 Food Meeting (D) 1:30 Afternoon Ride (O) 2:00 <i>The Marvelous Mrs. Maisel</i> (T) 4:00 Happy Hour (P) 6:30 Karaoke Sing A Long w/ Nick & Alissa (P)	10:00 Sit N Fit (C) 23 11:00 Build A Story (B) 1:00 Musical Bingo (C) 2:30 World Series Social and Trivia (B) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominoes	10:00 Fit w/ Fox (C) 24 11:00 Halloween Decorations! (C) 1:00 Frankie's Fun Park Putt Putt Outing (\$) 2:00 Bible Study w. Bob (D) 4:00 Happy Hour (P) 6:30 The Crown (T)	10:15 Old Fort Baptist Church Choir (P) 25 1:30 Manicures (D) 2:00 Indiana Jones Movie Matinee (T) <i>The Kingdom of the Crystal Skull</i> 5:00 Indiana Jones Family Night	10:00 Sit N Fit (C) 26 11:00 Swig N Swine Lunch Outing (O\$) 1:00 Fun Friday Videos (B) 2:30 The Crossings Choir Practice (P) 4:00 Happy Hour (P) 6:30 Evening Film (T)	10:00 Pet Visits 27 11:00 Wii Sports (C) 1:30 Grace & Frankie (T) 1:30 Bingo! (C) 4:00 – 6:30 Trunk or Treat Volunteering at Fort Dorchester Elementary (O) 6:30 Evening Movie (T)
10:00 Zumba Gold (C) 28 11:00 Old Fort Church Service (D) 2:00 Movie Matinee/ Popcorn (T) 6:30 Resident Led Games/Puzzles (G)	10:00 Strength 29 Conditioning (C) 11:00 You Be the Judge Discussion Group (B) 12:00 AL Pizza Party(B) 2:00 <i>The Marvelous Mrs. Maisel</i> (T) 4:00 Happy Hour (P)	10:00 Sit N Fit (C) 30 11:00 Word Games (B) 1:00 Harris Teeter/Pedicure Outing (\$) 2:00 Candy Bags (C) 4:00 Brain Teasers (B) 6:30 Mexican Train Dominoes	10:00 Fit w/ Fox (C) 31 10:00 Senior Day at Fair Outing (\$) 2:00 Bible Study w/ Bob 2:15 Bookmobile 3:30 Halloween Social Hour (P) 4:00 Neighborhood Trick or Treat at the Crossings 6:30 The Crown (T)	Activities subject to change – please see daily sheets for most up to date schedule, located on elevators & bulletin boards.		

October 2018

ASSISTED LIVING